



**Start Point:** From Cork or Dublin: M8 to Urlingford, then R693 direction Kilkenny. From Kilkenny, R700 through Bennetsbridge to Thomastown. Street parking. (Continue on R700 to Inistioge to leave second car at end of walk, 8.5km.) From Waterford,

R448, through Knocktopher. From Clonmel, N76 to Kilkenny, then as above.

**Distance:** Linear walk, 11 km. No steep ascents, but waterproof boots in winter.

**Difficulty:** 

**Map:** OS Maps 67 and 68.

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